



Basil

Basil is indispensable for many Mediterranean dishes. It has a sweet, clove like, spiciness and is excellent with tomato dishes. The flavor is strong enough to stand up to the pungency of garlic and is often paired together. Add basil only at the end of cooking or just before serving. Basil is considered one of the most important and highly used herbs in the culinary world. The strong, clove like flavor is essential to many Italian recipes such as sauces, pizzas, salads and pasta dishes.